

# NEW BOOK ANNOUNCEMENT

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## PREPUBLICATION ANNOUNCEMENT!

Explore the history, theory, and clinical treatment of gender-variant people!

# Transgender Emergence

## Therapeutic Guidelines for Working with Gender-Variant People and Their Families

**Arlene Istar Lev, CSW-R, CASAC**

Family Therapist and Founder, Choices Counseling and Consulting;  
Adjunct Faculty, State University of New York, Albany



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### ENTHUSIASTIC REVIEWS FROM YOUR COLLEAGUES!

*“FINALLY, a book that does justice to the life-changing power of psychotherapy in the transgender coming-out process. I recommend this book to any psychotherapist called to work with transgender clients. I also recommend it to transgender individuals who might benefit from understanding how psychotherapy can play an invaluable role. COMPREHENSIVE AND PASSIONATE. . . TERRIFIC. . . LONG OVERDUE.”*

—Walter Bockting, PhD, Co-editor, *Transgender and HIV: Risks, Prevention, and Care*; Assistant Professor and Coordinator, Transgender Health Services, Program in Human Sexuality, University of Minnesota Medical School

*“Istar Lev’s knowledge of the subject is phenomenal, and the breadth and clarity of her writing are brilliant. This book lays out an enormous amount of complex material in a highly readable and useful text. . . BELONGS IN THE LIBRARY OF EVERY PSYCHOTHERAPIST, COUNSELOR, AND HEALTH CARE PROFESSIONAL.”*

—Monica McGoldrick, MSW, Director, Multicultural Family Institute, Highland Park, New Jersey

*“A MARVELOUS RESOURCE. . . Well-written and well-researched. . . Provides enough information to give even the most inexperienced psychologist or counselor an understanding of the issues involved in working with the target population—but even counselors who have treated many gender-variant individuals should read this book.”*

—Dallas Denny, MA, Editor, *Transgender Tapestry Journal*

### Explore an ecological strength-based framework for the treatment of gender-variant clients!

This comprehensive book provides you with a clinical and theoretical overview of the issues facing transgendered/transsexual people and their families. **Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and Their Families** views assessment and treatment through a nonpathologizing lens that honors human diversity and acknowledges the role of oppression in the developmental process of gender identity formation.

Specific sections of **Transgender Emergence: Therapeutic Guidelines for Working with Gender-Variant People and Their Families** address the needs of gender-variant people as well as transgendered children and youth. The issues facing gender-variant populations who have not been the focus of clinical care, such as intersexed people, female-to-male transgendered people, and those who identify as bigendered, are also addressed. For a complete list of contents, visit our Web site at [www.HaworthPress.com](http://www.HaworthPress.com).

The book examines:

- the six stages of transgender emergence
- coming out transgendered as a normative process of gender identity development
- thinking “outside the box” in the deconstruction of sex and gender
- the difference between sexual orientation and gender identity, as well as the convergence, overlap, and integration of these parts of the self
- the power of personal narrative in gender identity development
- etiology and typographies of transgenderism
- treatment models that emerge from various clinical perspectives
- alternative treatment modalities based on gender variance as a normative lifecycle developmental process

Complete with fascinating case studies, a critique of diagnostic processes, treatment recommendations, and a helpful glossary of relevant terms, this book is an essential reference for anyone who works with gender-variant people. Handy tables and figures make the information easier to access and understand.

**Publication Date:** January 1, 2004.

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*Contents & Ordering Information on Reverse . . .*

*Selected Contents for*

**Transgender Emergence  
Therapeutic Guidelines for Working  
with Gender-Variant People and Their Families**

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- **PART ONE: THEORETICAL UNDERSTANDINGS OF TRANSGENDERISM**
- Introduction
- Chapter One: The Transsexual Phenomenon Meets the Transexual Menace
- Chapter Two: The Legacy—Gender Variance in History
- Chapter Three: Deconstructing Sex and Gender: Thinking Outside the Box
- **PART TWO: DIAGNOSIS AND ASSESSMENT**
- Chapter Four: Etiologies: Causes and Categories
- Chapter Five: Diagnosis and Transgenderism—The Creation of Pathology
- **PART THREE: TREATMENT ISSUES**
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- **Reference Notes Included**

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**About the Author**

**Arlene Istar Lev, CSW-R, CASAC**, is a family therapist, social worker, educator, and activist with twenty years experience addressing the unique health care needs of lesbian, gay, bisexual, and transgendered people. She is the founder of Choices Counseling and Consulting in Albany, New York, providing family therapy for LGBT people. She is also an adjunct faculty member of the School of Social Welfare at SUNY Albany, Prescott College, and Vermont College of the Union Institute and University, where she teaches in traditional classroom settings as well as distance learning and Web-based education. Additionally, she is Project Manager for Rainbow Access Initiative, a training program for teaching LGBT sensitivity to those working in the health and human service fields, as well as educating consumers.

Ms. Lev's expertise is in issues related to sexual and gender identity as well as trauma recovery, addictions, and parenting in alternative families. She works within a feminist family systems and empowerment modality and is trained in diverse psychotherapeutic and psychospiritual arts. She has published numerous articles on issues of domestic violence and sexual assault in the LGBT community as well as on family therapy approaches to working with family members of those who are gender variant. Her "Dear Ari" advice column and other writings on LGBT parenting can be found at [www.choicesconsulting.com](http://www.choicesconsulting.com).

Ms. Lev is a member of the National Association of Social Workers and the Harry Benjamin International Gender Dysphoria Association as well as an advisory board member of the Lesbian and Gay Family Building Project. She served as Chair of the National Association of Social Workers (NASW), New York State Chapter, Lesbian and Gay Issues Committee from 1986-1994.

Ms. Lev has been working with transgendered, transsexual, and other gender variant people for the past 15 years. She can be reached at Choices Counseling and Consulting, 321 Washington Avenue, Albany, New York, 12206 ([www.choicesconsulting.com](http://www.choicesconsulting.com)), at (518) 463-9152, or via email at [istarlev@aol.com](mailto:istarlev@aol.com).

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